

Seafood and so much more

# **Appetizers**

*Tuna Poke – diced tuna, marinated in soy, sesame oil & ginger w/ sriracha aioli & crispy wor	ntons 10
*Seared Ahi Tuna - w/ Asian aioli, ponzu, Asian slaw & wonton chip	11
^*New Zealand Lamb Lollipops - 2 chops served over fresh greens drizzled in citrus vinaign	rette 10
Chicken Egg Rolls -2 egg rolls served w/ sweet chili sauce	10
^*Raw Oysters on the Half Shell - w/ saltines, cocktail & horseradish H	Half Doz. 8 / Doz. 14
Oysters Rockefeller – broiled w/ bacon, spinach, cream & parmesan cheese H	Half Doz. 10 / Doz. 17
Mussels in White Wine Sauce - w/ crostini's	10
Spinach & Artichoke Dip – w/ tortilla chips	8
^*Marinated Beef Tips – w/ curry yogurt & Asian slaw	10
Crab Cakes – 2 crab cakes served w/ beurre blanc	11
^Peel & Eat Shrimp – freshly steamed & tossed in ancho seasoning Ha	alf Doz. 7 / Doz. 12
Spicy Tempura Shrimp - tossed in spicy sweet chili sauce served w/ Asian slaw	9
Fried Calamari - w/ asian aioli & thai chili sauce	9
Fried Oysters – six oysters w/ creamy horseradish sauce	9

## Soups

New England Clam Chowder	Cup 4 / Bowl	6
Shrimp Bisque	Cup 4 / Bowl	6

<sup>\*</sup>WARNING: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.



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### Salad

^ YF Signature Salad – w/ mixed greens, dried cranberries, toasted almonds, feta cheese & citrus vin.  ^ Spinach Salad – w/ warm bacon vinaigrette, goat cheese, candied walnuts & red onion  ^ Wedge Salad – w/ iceberg, bleu cheese dressing, roasted tomato, bacon & boiled egg  Caesar – w/ romaine, parmesan, garlic croutons & house made Caesar dressing  House – w/ mixed greens, tomatoes, cucumber, croutons, red onion & choice of dressing  Make it an Entrée Salad add: Chicken 10, Salmon 12, Grilled Shrimp 8, Scallop 6 or Crab Cakes 6 ea.  Tomato Vinaigrette, Balsamic Vinaigrette, Bacon Vinaigrette, Citrus Vinaigrette, Caesar*, Ranch, Bleu Cl  Seafood Entrees  *Seared Tuna - w/ stir-fry rice, tempura fried asparagus, Thai chili sauce & wasabi  Crab Cakes – w/ wild rice, sautéed spinach & beurre blanc  Seafood Fra Diavolo Pasta – w/ shrimp, mussels, clams, spicy tomato sauce & linguini  Seafood Combo – w/ 3 oz. fillet of fresh catch, one crab cake, shrimp scampi w/ crab & choice of two sides  ^ Seafood Paella – w/ tilapia, mussels, shrimp, sausage, clams, peas & tomatoes     over seasoned risotto  ^ Pan Seared Scallops – w/ creamy spinach risotto, sautéed carrots & romesco  ^ Lemon Pepper Salmon – w/ beurre blanc, wild rice & asparagus  ^ Salmon Provençal - over Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, shallots, garlic, kalamata olives & brussel sprouts  Shrimp Scampi Pasta – w/ garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  Seafood Mac & Cheese – w/ shrimp & lump crabmeat finished w/ panko bread crumbs  Shrimp & Grits - w/ spicy Italian sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce over a fried grilcake  Tilapia Piccatta – white wine, capers, lemon butter sauce & broccoli over linguni  Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos – bilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	a bacon vinaigrette, goat cheese, candied walnuts & red onion  g, bleu cheese dressing, roasted tomato, bacon & boiled egg  7  lesan, garlic croutons & house made Caesar dressing  6  tomatoes, cucumber, croutons, red onion & choice of dressing  5  dd: Chicken 10, Salmon 12, Grilled Shrimp 8, Scallop 6 or Crab Cakes 6 ea.  lic Vinaigrette, Bacon Vinaigrette, Citrus Vinaigrette, Caesar*, Ranch, Bleu Cheese  Bes  e, tempura fried asparagus, Thai chili sauce & wasabi  26  sautéed spinach & beurre blanc  27  wh shrimp, mussels, clams, spicy tomato sauce & linguini  28  mussels, shrimp, sausage, clams, peas & tomatoes  asoned risotto  creamy spinach risotto, sautéed carrots & romesco  28  Would frice & asparagus  Yukon Gold mashed potatoes wh sautéed roasted tomato, capers,  ast, garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  18  We shrimp & lump crabmeat finished why panko bread crumbs  29  an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce  priticake  19  c, capers, lemon butter sauce & broccoli over linguni  19  grilled wh spicy sweet chili sauce, Asian slaw & choice of side  10  11  deckened, or grilled wh black eyed pea & corn salsa, ranch,  choice of side	Salad	
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Seafood Fra Diavolo Pasta – w/ shrimp, mussels, clams, spicy tomato sauce & linguini  Seafood Combo – w/ 3 oz. fillet of fresh catch, one crab cake, shrimp scampi w/ crab & choice of two sides  ^Seafood Paella – w/ tilapia, mussels, shrimp, sausage, clams, peas & tomatoes	-w/ shrimp, mussels, clams, spicy tomato sauce & linguini  22 fillet of fresh catch, one crab cake, shrimp scampi w/ crab & choice of two sides  MKT \$  mussels, shrimp, sausage, clams, peas & tomatoes asoned risotto  creamy spinach risotto, sautéed carrots & romesco  28  v/ beurre blanc, wild rice & asparagus  22  Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, ots, garlic, kalamata olives & brussel sprouts  garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  / shrimp & lump crabmeat finished w/ panko bread crumbs  an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce pritcake  a, capers, lemon butter sauce & broccoli over linguni  14  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13  lockened, or grilled w/ black eyed pea & corn salsa, ranch, choice of side	*Seared Tuna - w/ stir-fry rice, tempura fried asparagus, Thai chili sauce & wasabi	26
Seafood Combo — w/ 3 oz. fillet of fresh catch, one crab cake, shrimp scampi w/ crab & choice of two sides  **Seafood Paella — w/ tilapia, mussels, shrimp, sausage, clams, peas & tomatoes over seasoned risotto  **Pan Seared Scallops — w/ creamy spinach risotto, sautéed carrots & romesco  **Lemon Pepper Salmon — w/ beurre blanc, wild rice & asparagus  **Salmon Provençal — over Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, shallots, garlic, kalamata olives & brussel sprouts  Shrimp Scampi Pasta — w/ garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  Seafood Mac & Cheese — w/ shrimp & lump crabmeat finished w/ panko bread crumbs  Shrimp & Grits — w/ spicy Italian sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce over a fried gritcake  Tilapia Piccatta — white wine, capers, lemon butter sauce & broccoli over linguni  Bang Bang Shrimp Tacos — grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos — tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	fillet of fresh catch, one crab cake, shrimp scampi w/ crab & choice of two sides  MKT \$  mussels, shrimp, sausage, clams, peas & tomatoes  asoned risotto  creamy spinach risotto, sautéed carrots & romesco  28  V beurre blanc, wild rice & asparagus  29  Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, 29  Ats, garlic, kalamata olives & brussel sprouts  garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  18  V shrimp & lump crabmeat finished w/ panko bread crumbs  20  an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce  pritcake  a, capers, lemon butter sauce & broccoli over linguni  14  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13  ackened, or grilled w/ black eyed pea & corn salsa, ranch,  14  choice of side	Crab Cakes – w/ wild rice, sautéed spinach & beurre blanc	24
^Seafood Paella – w/ tilapia, mussels, shrimp, sausage, clams, peas & tomatoes over seasoned risotto  ^ Pan Seared Scallops – w/ creamy spinach risotto, sautéed carrots & romesco  ^Lemon Pepper Salmon - w/ beurre blanc, wild rice & asparagus  ^*Salmon Provençal - over Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, shallots, garlic, kalamata olives & brussel sprouts  Shrimp Scampi Pasta – w/ garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  Seafood Mac & Cheese – w/ shrimp & lump crabmeat finished w/ panko bread crumbs  Shrimp & Grits - w/ spicy Italian sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce over a fried gritcake  Tilapia Piccatta – white wine, capers, lemon butter sauce & broccoli over linguni  Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	mussels, shrimp, sausage, clams, peas & tomatoes asoned risotto  creamy spinach risotto, sautéed carrots & romesco  28  W beurre blanc, wild rice & asparagus  22  Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, ots, garlic, kalamata olives & brussel sprouts  garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  18  W shrimp & lump crabmeat finished w/ panko bread crumbs  20  an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce pritcake  a, capers, lemon butter sauce & broccoli over linguni  14  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13  ckened, or grilled w/ black eyed pea & corn salsa, ranch, choice of side	Seafood Fra Diavolo Pasta – w/ shrimp, mussels, clams, spicy tomato sauce & linguini	22
over seasoned risotto  ^ Pan Seared Scallops – w/ creamy spinach risotto, sautéed carrots & romesco  ^Lemon Pepper Salmon - w/ beurre blanc, wild rice & asparagus  ^*Salmon Provençal - over Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, shallots, garlic, kalamata olives & brussel sprouts  Shrimp Scampi Pasta – w/ garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  Seafood Mac & Cheese – w/ shrimp & lump crabmeat finished w/ panko bread crumbs  Shrimp & Grits - w/ spicy Italian sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce over a fried gritcake  Tilapia Piccatta – white wine, capers, lemon butter sauce & broccoli over linguni  Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	creamy spinach risotto, sautéed carrots & romesco  28  28  29  29  20  20  20  21  22  23  24  25  25  26  26  27  27  28  29  29  29  29  29  29  29  29  29	Seafood Combo - w/ 3 oz. fillet of fresh catch, one crab cake, shrimp scampi w/ crab & choice of two sides	MKT\$
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<ul> <li>^*Salmon Provençal - over Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, shallots, garlic, kalamata olives &amp; brussel sprouts</li> <li>Shrimp Scampi Pasta – w/ garlic, shallots, tomatoes, white wine, butter, parsley &amp; linguini pasta</li> <li>Seafood Mac &amp; Cheese – w/ shrimp &amp; lump crabmeat finished w/ panko bread crumbs</li> <li>Shrimp &amp; Grits - w/ spicy Italian sausage, roasted red peppers &amp; brussel sprouts in a Cajun cream sauce over a fried gritcake</li> <li>Tilapia Piccatta – white wine, capers, lemon butter sauce &amp; broccoli over linguni</li> <li>Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw &amp; choice of side</li> <li>Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea &amp; corn salsa, ranch,</li> </ul>	Yukon Gold mashed potatoes w/ sautéed roasted tomato, capers, 22 bts, garlic, kalamata olives & brussel sprouts  garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta 18  / shrimp & lump crabmeat finished w/ panko bread crumbs 20  an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce 20  gritcake 2, capers, lemon butter sauce & broccoli over linguni 14  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side 13  ackened, or grilled w/ black eyed pea & corn salsa, ranch, 14  choice of side 14	^ Pan Seared Scallops – w/ creamy spinach risotto, sautéed carrots & romesco	28
shallots, garlic, kalamata olives & brussel sprouts  Shrimp Scampi Pasta – w/ garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  Seafood Mac & Cheese – w/ shrimp & lump crabmeat finished w/ panko bread crumbs  Shrimp & Grits - w/ spicy Italian sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce over a fried gritcake  Tilapia Piccatta – white wine, capers, lemon butter sauce & broccoli over linguni  Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	ots, garlic, kalamata olives & brussel sprouts  garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta  / shrimp & lump crabmeat finished w/ panko bread crumbs  an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce pritcake  e, capers, lemon butter sauce & broccoli over linguni  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13  14  15  16  17  18  18  18  19  10  10  11  11  12  13  14  15  16  17  18  18  18  18  18  18  18  18  18	^Lemon Pepper Salmon - w/ beurre blanc, wild rice & asparagus	22
<ul> <li>Seafood Mac &amp; Cheese – w/ shrimp &amp; lump crabmeat finished w/ panko bread crumbs</li> <li>Shrimp &amp; Grits - w/ spicy Italian sausage, roasted red peppers &amp; brussel sprouts in a Cajun cream sauce over a fried gritcake</li> <li>Tilapia Piccatta – white wine, capers, lemon butter sauce &amp; broccoli over linguni</li> <li>Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw &amp; choice of side</li> <li>Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea &amp; corn salsa, ranch,</li> </ul>	/ shrimp & lump crabmeat finished w/ panko bread crumbs  20 an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce pritcake  20 gritcake  20 grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13 ackened, or grilled w/ black eyed pea & corn salsa, ranch, choice of side		22
<ul> <li>Shrimp &amp; Grits - w/ spicy Italian sausage, roasted red peppers &amp; brussel sprouts in a Cajun cream sauce over a fried gritcake</li> <li>Tilapia Piccatta – white wine, capers, lemon butter sauce &amp; broccoli over linguni</li> <li>Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw &amp; choice of side</li> <li>Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea &amp; corn salsa, ranch,</li> </ul>	an sausage, roasted red peppers & brussel sprouts in a Cajun cream sauce gritcake  e, capers, lemon butter sauce & broccoli over linguni  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13 14 15 16 17 18 18 19 19 19 19 19 19 19 19 19 19 19 19 19	Shrimp Scampi Pasta – w/ garlic, shallots, tomatoes, white wine, butter, parsley & linguini pasta	18
over a fried gritcake  Tilapia Piccatta – white wine, capers, lemon butter sauce & broccoli over linguni  Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	gritcake  e, capers, lemon butter sauce & broccoli over linguni  grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13  14  15  16  17  18  18  19  19  19  10  10  11  11  12  13  14  15  16  16  17  18  18  18  18  18  18  18  18  18	Seafood Mac & Cheese – w/ shrimp & lump crabmeat finished w/ panko bread crumbs	20
Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	grilled w/ spicy sweet chili sauce, Asian slaw & choice of side  13  14  15  16  17  18  19  19  19  10  11  12  13  14  15  16  16  17  18  18  18  18  18  18  18  18  18		20
Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch,	ckened, or grilled w/ black eyed pea & corn salsa, ranch, choice of side	Tilapia Piccatta – white wine, capers, lemon butter sauce & broccoli over linguni	14
	choice of side	Bang Bang Shrimp Tacos – grilled w/ spicy sweet chili sauce, Asian slaw & choice of side	13
	ed shrimp w/ creamy slaw, hush puppies & hand cut fries 14	Fish Tacos –tilapia, fried, blackened, or grilled w/ black eyed pea & corn salsa, ranch, creamy slaw & choice of side	14
Fried Shrimp - 6 hand breaded shrimp w/ creamy slaw, hush puppies & hand cut fries	, , , , , , , , , , , , , , , , , , , ,	Fried Shrimp - 6 hand breaded shrimp w/ creamy slaw, hush puppies & hand cut fries	14

14

Fish Fingers – fried tilapia served with w/ hand cut fries & creamy slaw



#### Seafood and so much more

### **Land Fare**

^*Black & Bleu Bistro Steak – blackened & topped with blue cheese w/ malt vinegar potato wedges & seasonal vegetables	20
^*7 oz Filet Mignon – w/ herb compound butter, Yukon Gold mashed potatoes & asparagus	28
^*Filet Oscar - 7oz Filet topped w/ lump crab meat & béarnaise, Yukon Gold mashed potatoes & asparagus	32
^*14 oz. Grilled Ribeye – w/ herb compound butter, Yukon Gold mashed potatoes & seasonal vegetables	28
^*New Zealand Rack of Lamb – w/ 6 chops, Yukon Gold mashed potatoes, broccoli & red wine demi glace	28
*Make it a Surf & Turf Add Shrimp Scampi 8, 3 Fried Shrimp 4.50, Scallops 6 ea., Crab cakes 6 ea.	
Chicken Carbonara – w/ english peas, red onions & crispy bacon in parmesan sauce over seashell pasta	18
Chicken Piccata – w/ white wine, capers, lemon butter sauce, broccoli & lingnini pasta	18
Hand Breaded Chicken Fingers – w/ honey peppercorn mustard & choice of side	14

## **Sides** - all sides are \$3 unless otherwise noted

	Sauteed Spinach
Hand Cut French Fries	Collard Greens
Hush Puppies	Brussels Sprouts
Asian Slaw	Asparagus (4)
Creamy Slaw	Mac & Cheese (6)
Wild Rice	Grilled Bread (2)
Broccoli	Broccoli & Cheese (6)
Yukon Gold Mashed Potatoes	Loaded Yukon Gold Mashed Potatoes-bacon, cheese,
Seasonal Vegetables	green onion (5)

<sup>\*</sup>WARNING: CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.